

Wed-18-Nov-7

Mission to Heal

Hymn. 175:2

Love divine, that faileth never,
Still Thy presence and Thy power
Mighty are to save and heal us,
Guard and guide us every hour.
Life divine, Thy Word proclaimeth
All true being one with Thee.
Sinless, fearless, whole, rejoicing,
Now and through eternity.

Hymn. 304:3

So, when day grows dark and cold,
Tear or triumph harms,
Lead Thy lambkins to the fold,
Take them in Thine arms;
Feed the hungry, heal the heart,
Till the morning's beam;
White as wool, ere they depart,
Shepherd, wash them clean.

Hymn. 5:2

The cause requires unswerving might:
With God alone agree.
Then have no other aim than right;
End bondage, O be free.

Depart from sin, awake to love:
Your mission is to heal.
Then all of Truth you must approve,
And only know the real.

Matt. 10:1

- 1 And when he had called unto *him* his twelve disciples, he gave them power *against* unclean spirits, to cast them out, and to heal all manner of sickness and all manner of disease.

Acts 3:1–13 (to ;),16

- 1 Now Peter and John went up together into the temple at the hour of prayer, *being* the ninth *hour*.
- 2 And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple;
- 3 Who seeing Peter and John about to go into the temple asked an alms.
- 4 And Peter, fastening his eyes upon him with John, said, Look on us.
- 5 And he gave heed unto them, expecting to receive something of them.
- 6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.
- 7 And he took him by the right hand, and lifted *him* up: and immediately his feet and ankle bones received strength.
- 8 And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.
- 9 And all the people saw him walking and praising God:
- 10 And they knew that it was he which sat for alms at the

Beautiful gate of the temple: and they were filled with wonder and amazement at that which had happened unto him.

- 11 And as the lame man which was healed held Peter and John, all the people ran together unto them in the porch that is called Solomon's, greatly wondering.
- 12 ¶ And when Peter saw *it*, he answered unto the people, Ye men of Israel, why marvel ye at this? or why look ye so earnestly on us, as though by our own power or holiness we had made this man to walk?
- 13 The God of Abraham, and of Isaac, and of Jacob, the God of our fathers, hath glorified his Son Jesus;
- 16 And his name through faith in his name hath made this man strong, whom ye see and know: yea, the faith which is by him hath given him this perfect soundness in the presence of you all.

Matt. 10:8

- 8 Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

SH 410:22

MENTAL TREATMENT ILLUSTRATED

SH 410:29–30

- Christian scientific practice be-
- 30 gins with Christ's keynote of harmony, "Be not afraid!"

SH 411:10

- If Spirit or the power of divine Love bear witness to the truth, this is the ultimatum, the scientific
- 12 way, and the healing is instantaneous.

SH 411:20–9

The procuring cause and foundation of all sickness is
 21 fear, ignorance, or sin. Disease is always induced by a
 false sense mentally entertained, not destroyed. Fear as the
foundation
 Disease is an image of thought externalized.

24 The mental state is called a material state. Whatever
 is cherished in mortal mind as the physical condition is
 imaged forth on the body.

27 Always begin your treatment by allaying the fear
 of patients. Silently reassure them as to their exemp-
 tion from disease and danger. Watch the re- Unspoken
pleading
 30 sult of this simple rule of Christian Science,

and you will find that it alleviates the symptoms of every
 disease. If you succeed in wholly removing the fear,
 1 your patient is healed. The great fact that God lovingly
 governs all, never punishing aught but sin, is your stand-
 3 point, from which to advance and destroy the human fear
 of sickness. Mentally and silently plead the case scien-
 tifically for Truth. You may vary the arguments to meet
 6 the peculiar or general symptoms of the case you treat,
 but be thoroughly persuaded in your own mind concern-
 ing the truth which you think or speak, and you will be
 9 the victor.

SH 412:13–27

The power of Christian Science and Eloquent
silence
 divine Love is omnipotent. It is indeed adequate to un-
 15 clasp the hold and to destroy disease, sin, and death.

To prevent disease or to cure it, the power of Truth,
 of divine Spirit, must break the dream of the material
 18 senses. To heal by argument, find the type Insistence
requisite
 of the ailment, get its name, and array your
 mental plea against the physical. Argue at first men-

21 tally, not audibly, that the patient has no disease, and
 conform the argument so as to destroy the evidence of
 disease. Mentally insist that harmony is the fact, and
 24 that sickness is a temporal dream. Realize the presence
 of health and the fact of harmonious being, until the
 body corresponds with the normal conditions of health
 27 and harmony.

SH 412:28–2; 413:7

If the case is that of a young child or an infant, it needs
 to be met mainly through the parent's thought, silently
 30 or audibly on the aforesaid basis of Christian
 Science. The Scientist knows that there can
 be no hereditary disease, since matter is not intelligent
 1 and cannot transmit good or evil intelligence to man, and
 God, the only Mind, does not produce pain in matter.
 Mind regulates the condition of the stomach, bowels, and
 food, the temperature of children and of men, and matter
 9 does not. The wise or unwise views of parents and other
 persons on these subjects produce good or bad effects on
 the health of children.

The cure
 of infants

SH 414:19–11 (to 1st .)

The Christian Scien-
 21 tist's argument rests on the Christianly scientific basis of
 being. The Scripture declares, "The Lord He is God
 [good]; there is none else beside Him." Even so, harmony
 is universal, and discord is unreal. Christian Science de-
 24 clares that Mind is substance, also that matter neither
 feels, suffers, nor enjoys. Hold these points strongly in
 view. Keep in mind the verity of being, — that man is
 27 the image and likeness of God, in whom all being is
 painless and permanent. Remember that man's perfec-

tion is real and unimpeachable, whereas imperfection is
 30 blameworthy, unreal, and is not brought about by divine
 Love.

Matter cannot be inflamed. Inflammation is fear, an
 1 excited state of mortals which is not normal. Immor-
 tal Mind is the only cause; therefore disease is neither a
 3 cause nor an effect. Mind in every case is the Matter is
not inflamed
 eternal God, good. Sin, disease, and death
 have no foundations in Truth. Inflammation as a mor-
 6 tal belief quickens or impedes the action of the system,
 because thought moves quickly or slowly, leaps or halts
 when it contemplates unpleasant things, or when the in-
 9 dividual looks upon some object which he dreads. In-
 flammation never appears in a part which mortal thought
 does not reach.

SH 415:17

Note how thought makes the face pallid. It either re-
 18 tards the circulation or quickens it, causing a pale or
 flushed cheek. In the same way thought in- Truth calms
the thought
 creases or diminishes the secretions, the action
 21 of the lungs, of the bowels, and of the heart. The mus-
 cles, moving quickly or slowly and impelled or palsied by
 thought, represent the action of all the organs of the hu-
 24 man system, including brain and viscera. To remove
 the error producing disorder, you must calm and instruct
 mortal mind with immortal Truth.

SH 416:24-19

24 The sick know nothing of the mental process by
 which they are depleted, and next to nothing of the
 metaphysical method by which they can be Evil thought
depletes
 27 healed. If they ask about their disease, tell

them only what is best for them to know. Assure them that they think too much about their ailments, and
 30 have already heard too much on that subject. Turn their thoughts away from their bodies to higher objects. Teach them that their being is sustained by
 1 Spirit, not by matter, and that they find health, peace, and harmony in God, divine Love.

3 Give sick people credit for sometimes knowing more than their doctors. Always support their trust in the power of Mind to sustain the body. Never
 6 tell the sick that they have more courage than strength. Tell them rather, that their strength is in proportion to their courage. If you make the sick
 9 realize this great truism, there will be no reaction from over-exertion or from excited conditions. Maintain the facts of Christian Science, — that Spirit is God, and
 12 therefore cannot be sick; that what is termed matter cannot be sick; that all causation is Mind, acting through spiritual law. Then hold your ground with
 15 the unshaken understanding of Truth and Love, and you will win. When you silence the witness against your plea, you destroy the evidence, for the disease disappears. The evidence before the corporeal senses is not
 18 the Science of immortal man.

Helpful encouragement

SH 417:20

To the Christian Science healer, sickness is a dream
 21 from which the patient needs to be awakened. Disease should not appear real to the physician,
 since it is demonstrable that the way to
 24 cure the patient is to make disease unreal to him. To do this, the physician must understand the unreality of disease in Science.

Disease to be made unreal

SH 417:27–419:7

27 Explain audibly to your patients, as soon as they can
 bear it, the complete control which Mind holds over the
 body. Show them how mortal mind seems to induce
 30 disease by certain fears and false conclusions, and how
 divine Mind can cure by opposite thoughts. Give your
 patients an underlying understanding to support them
 1 and to shield them from the baneful effects of their own
 conclusions. Show them that the conquest over sickness,
 3 as well as over sin, depends on mentally destroying all
 belief in material pleasure or pain.

Stick to the truth of being in contradistinction to the
 6 error that life, substance, or intelligence can be in matter.
 Plead with an honest conviction of truth and Christian
pleading
 a clear perception of the unchanging, unerr-
 9 ing, and certain effect of divine Science. Then, if your
 fidelity is half equal to the truth of your plea, you will
 heal the sick.

12 It must be clear to you that sickness is no more
 the reality of being than is sin. This mortal dream
 of sickness, sin, and death should cease Truthful
arguments
 15 through Christian Science. Then one dis-
 ease would be as readily destroyed as another. What-
 ever the belief is, if arguments are used to destroy it,
 18 the belief must be repudiated, and the negation must ex-
 tend to the supposed disease and to whatever decides its
 type and symptoms. Truth is affirmative, and confers
 21 harmony. All metaphysical logic is inspired by this sim-
 ple rule of Truth, which governs all reality. By the
 truthful arguments you employ, and especially by the
 24 spirit of Truth and Love which you entertain, you will
 heal the sick.

Include moral as well as physical belief in your efforts
 27 to destroy error. Cast out all manner of evil. “Preach

the gospel to every creature.” Speak the
truth to every form of error. Tumors, ulcers,
30 tubercles, inflammation, pain, deformed joints, are wak-
ing dream-shadows, dark images of mortal thought, which
flee before the light of Truth.

1 A moral question may hinder the recovery of the sick.
Lurking error, lust, envy, revenge, malice, or hate will
3 perpetuate or even create the belief in disease. Errors
of all sorts tend in this direction. Your true course is
to destroy the foe, and leave the field to God, Life, Truth,
6 and Love, remembering that God and His ideas alone
are real and harmonious.

SH 419:20–22

Mind produces all action. If the action proceeds from
21 Truth, from immortal Mind, there is harmony; but mor-
tal mind is liable to any phase of belief.

SH 419:28

To succeed in healing, you must con-
quer your own fears as well as those of your patients, and
30 rise into higher and holier consciousness.

SH 420:10–13

Instruct the sick that they are not helpless victims,
for if they will only accept Truth, they can resist disease
12 and ward it off, as positively as they can the
temptation to sin.

Positive
reassurance

SH 420:17–27

The fact that Truth overcomes both disease
18 and sin reassures depressed hope. It imparts a healthy

stimulus to the body, and regulates the system. It in-
 creases or diminishes the action, as the case may require,
 21 better than any drug, alterative, or tonic.

Mind is the natural stimulus of the body, but erro-
 neous belief, taken at its best, is not promotive of health
 24 or happiness. Tell the sick that they can
 meet disease fearlessly, if they only realize
 that divine Love gives them all power over every physical
 27 action and condition.

Proper
stimulus

SH 420:28

If it becomes necessary to startle mortal mind to break
 its dream of suffering, vehemently tell your patient that
 30 he must awake. Turn his gaze from the false
 evidence of the senses to the harmonious facts
 of Soul and immortal being. Tell him that he suffers
 1 only as the insane suffer, from false beliefs. The only
 difference is, that insanity implies belief in a diseased
 3 brain, while physical ailments (so-called) arise from the
 belief that other portions of the body are deranged. De-
 rangement, or *disarrangement*, is a word which conveys
 6 the true definition of all human belief in ill-health, or dis-
 turbed harmony. Should you thus startle mortal mind
 in order to remove its beliefs, afterwards make known
 9 to the patient your motive for this shock, showing him
 that it was to facilitate recovery.

Awaken the
patient

SH 422:5-21

If the reader of this book observes a great stir through-
 6 out his whole system, and certain moral and physical
 symptoms seem aggravated, these indications
 are favorable. Continue to read, and the book
 9 will become the physician, allaying the tremor which

Effect of
this book

Truth often brings to error when destroying it.

Patients, unfamiliar with the cause of this commotion
 12 and ignorant that it is a favorable omen, may be alarmed.
 If such be the case, explain to them the law
 of this action. As when an acid and alkali
 15 meet and bring out a third quality, so mental and moral
 chemistry changes the material base of thought, giving
 more spirituality to consciousness and causing it to depend
 18 less on material evidence. These changes which go on
 in mortal mind serve to reconstruct the body. Thus
 Christian Science, by the alchemy of Spirit, destroys sin
 21 and death.

Disease
neutralized

SH 422:22–14

Let us suppose two parallel cases of bone-disease, both
 similarly produced and attended by the same symptoms.

24 A surgeon is employed in one case, and a
 Christian Scientist in the other. The sur-
 geon, holding that matter forms its own conditions and
 27 renders them fatal at certain points, entertains fears and
 doubts as to the ultimate outcome of the injury. Not
 holding the reins of government in his own hands, he
 30 believes that something stronger than Mind — namely,
 matter — governs the case. His treatment is therefore
 tentative. This mental state invites defeat. The belief
 1 that he has met his master in matter and may not be
 able to mend the bone, increases his fear; yet this belief
 3 should not be communicated to the patient, either ver-
 bally or otherwise, for this fear greatly diminishes the
 tendency towards a favorable result. Remember that the
 6 unexpressed belief oftentimes affects a sensitive patient
 more strongly than the expressed thought.

Bone-healing
by surgery

The Christian Scientist, understanding scientifically
 9 that all is Mind, commences with mental causation, the

truth of being, to destroy the error. This corrective is an alterative, reaching to every part
 12 of the human system. According to Scripture, it searches
 “the joints and marrow,” and it restores the harmony of
 man.

Scientific
 corrective

SH 424:20

While it is certain that the
 21 divine Mind can remove any obstacle, still you need the
 ear of your auditor. It is not more difficult to make your-
 self heard mentally while others are thinking about your
 24 patients or conversing with them, if you understand
 Christian Science — the oneness and the allness of divine
 Love; but it is well to be alone with God and the sick
 27 when treating disease.

SH 425:14–20 (to .)

If the body is diseased, this is but one of the beliefs of
 15 mortal mind. Mortal man will be less mortal, when he
 learns that matter never sustained existence
 and can never destroy God, who is man's Life.
 18 When this is understood, mankind will be more spiritual
 and know that there is nothing to consume, since Spirit,
 God, is All-in-all.

The lungs
 re-formed

SH 425:21

21 God is more to a man than his belief, and the less we ac-
 knowledge matter or its laws, the more immortality we
 possess. Consciousness constructs a better body when
 24 faith in matter has been conquered. Correct material
 belief by spiritual understanding, and Spirit will form
 you anew. You will never fear again except to offend
 God, and you will never believe that heart or any por-

27 tion of the body can destroy you.

SH 426:5–11

The discoverer of Christian Science finds the path less
 6 difficult when she has the high goal always before her
 thoughts, than when she counts her footsteps **Our footsteps
 heavenward**
 in endeavoring to reach it. When the desti-
 9 nation is desirable, expectation speeds our progress. The
 struggle for Truth makes one strong instead of weak,
 resting instead of wearying one.

SH 428:15–29

15 We should consecrate existence, not “to the unknown
 God” whom we “ignorantly worship,” but to the eternal
 builder, the everlasting Father, to the Life **Intelligent
 consecration**
 18 which mortal sense cannot impair nor mortal
 belief destroy. We must realize the ability of mental
 might to offset human misconceptions and to replace them
 21 with the life which is spiritual, not material.

The great spiritual fact must be brought out that man
 is, not *shall be*, perfect and immortal. We must hold
 24 forever the consciousness of existence, and **The present
 immortality**
 sooner or later, through Christ and Christian
 Science, we must master sin and death. The evidence
 27 of man's immortality will become more apparent, as ma-
 terial beliefs are given up and the immortal facts of being
 are admitted.